

# CV - Nicolai Elberling

## Nicolai Elberling

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I'm from 1973, and live in Copenhagen with my wife and 3 children.

I've been running courses on leadership development since 2005. In this period I have started my own company "[The art of becoming a master](#)" (in Danish: "[Kunsten at Mestre](#)"), and the Danish blog on leadership "[Ren ledelse](#)".

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My aim is to guide leaders to develop and master their leadership skills, build on the philosophy that good leadership is based on good self leadership.

I'm author and editor at [ren-ledelse.dk](http://ren-ledelse.dk), where I frequently write about leadership and associated subjects.

In my spare time I both train and teach Ki-Aikido in Copenhagen (the official name is *Shin Shin Toitsu Aikido* which means *Aikido with mind and body united*). I've been doing this since September 2002.

I'm graded 1. kyu in Shin Shin Toitsu Aikido and Shoden in Shin Shin Toitsu Do.

## Work experience

2008 - The Danish blog on leadership [Ren ledelse](#) (author and editor)

The blog is focusing on leadership, leadership philosophy, and self leadership.

Read more about the blog at: [ren-ledelse.dk/om-bloggen](http://ren-ledelse.dk/om-bloggen) (in Danish).

2006 - [The art of becoming a master](#) (Self employed)

Leadership development, focused on how to create superb leadership.

Read more about the company at: [kunsten-at-mestre.dk](http://kunsten-at-mestre.dk) (in Danish)

## Courses

The following courses have inspired, developed and helped me along the way:

2010: Process Leader program from Hvidehus

2004: Coaching and personal resource development course from Dieu (now Mannaz)

2001: Negotiation course from IBM Learning Center

2000: Leadership development program at a larger Danish financial company

1994: Accounting and corporate economy from Niels Brock business school

## Other activities

From my spare time activities I have experienced great insights and a deep understanding on both leadership and self leadership. I have however, learned the most from Ki-Aikido, which I still both train and teach:

2002 - Ki-Aikido in "[Ki and Aikido Dojo, Copenhagen](#)"

1995 - 1997 Karate in "Kyohan Karate club"

1983 - 1990 Sailing in "Hellerup Sailing club"